



# District 29 May 2025 *Action Log* Newsletter

## Editor's Note:

Studying Step 5 this month. I like the saying "You are as sick as your secrets." meaning they will keep you sick if you hang on to them. As alcoholics we covered up and lied a lot. It will be a relieve felt when you're done. This step plays a major roll in your continued recovery happiness.

*Step 5: "Admitted to God, to ourselves, and another human being the exact nature of our wrongs."*



DEADLINE  
FOR REPORTS,  
EVENT  
FLYERS,  
ARTICLES  
OR JUST ADD  
ONS IS THE

**4th of every month.**

Email them to:

**[d29actionlog@pugetsoundaa.org](mailto:d29actionlog@pugetsoundaa.org)**

In your reports please add time, day of the week and location of your meeting, so we can get the message out.

## "The Action District"

### Reminder of Upcoming Events:

### More Info on Page:

<i>May 13th</i>		District 29 Monthly Business Meeting	15
<i>May 20th</i>		District 29 Monthly Treatment Meeting	
<i>May 27th</i>	5:30pm	District 29 CPC / PI Meeting	17
	6:30pm	District 29 Correction Meeting	20
<i>June 3rd</i>		D29 Picnic Planning Committee	15,16
<i>June 7th</i>		Delegate Report Back	15
<i>July 3-5</i>		International AA Convention	26
<i>July 27th</i>		D29 Annual Family Picnic	16

All event information can be found by going to **[area72aa.org](http://area72aa.org)** go to Events then Click on calendar date. Some information printed out on above page #.

# 7<sup>TH</sup> TRADITION CONTRIBUTIONS

*In keeping with AA's 7<sup>th</sup> Tradition of self-support, we accept contributions only from AA members.*

**\*When submitting contributions, please note your group's name, or with individual contributions note that you are a member of Alcoholics Anonymous.**

## DISTRICT 29:

### Mailing Address:

Alcoholics Anonymous – District 29

PO Box 1439

Puyallup, WA 98371

**\*Make checks payable to Alcoholics Anonymous – District 29**

## AREA 72:

### Mailing Address:

Western Washington Area 72

1901 Cornwall Avenue #745

Bellingham, WA 98225

**\*Make checks payable to Western Washington Area 72**

Online contributions: <https://area72aa.org>

## CENTRAL SERVICE OFFICE:

### In person Contributions or Mailing Address:

Puget Sound AA

3640 S Cedar Street, Suite S

Tacoma, WA 98409

**\*Make checks payable to Puget Sound AA**

Online contributions: [www.pugetsoundaa.org/contribute](http://www.pugetsoundaa.org/contribute)

## GENERAL SERVICE OFFICE:

### 7<sup>TH</sup> Tradition Contributions Mailing Address:

General Service Office

Post Office Box 2407

James A Farley Station

New York, NY 10116-2407

**\*Make checks payable to the General Service Board**

Online contributions: <https://contribution.aa.org>

*Wondering how to  
contribute?*

*What is a prudent  
reserve?*

*How to pass a "virtual"  
basket?*

**Check out the AA  
pamphlet "Where  
Money and  
Spirituality Mix"**

Consider setting up a recurring contribution to become a Faithful Fiver. Faith Fivers are AA members who choose to contribute five dollars each month to support the Central Service Office in its efforts to carry the AA message of hope and recovery to the still suffering alcoholic.

**MAKE SURE YOUR CONTRIBUTIONS COUNT!  
DON'T FORGET TO INCLUDE YOUR **GROUP NUMBER** OR,  
IF IT'S AN INDIVIDUAL CONTRIBUTION,  
NOTE THAT YOU ARE  
**A MEMBER OF AA.****

## TRUSTED SERVANTS

**DCM: Fred J** [dcm29@area72aa.org](mailto:dcm29@area72aa.org)  
**Alt DCM: Amanda M** [altdcm29@area72aa.org](mailto:altdcm29@area72aa.org)  
**Secretary: Open** [dist29secretary@area72aa.org](mailto:dist29secretary@area72aa.org)  
**Alt: Open**  
**Treasurer: Dan C** [dist29treasurer@area72aa.org](mailto:dist29treasurer@area72aa.org)  
**Alt: Open**  
**Accessibility: Ty S** [dist29accessibility@area72aa.org](mailto:dist29accessibility@area72aa.org)  
**Alt: Open**  
**Archives: Deborah M** [dist29archives@area72aa.org](mailto:dist29archives@area72aa.org)  
**Alt: Jess J**  
**Corrections: Janet A** [dist29corrections@area72aa.org](mailto:dist29corrections@area72aa.org)  
**Alt: Open**  
**CPC: Scott N** [dist29cpc@area72aa.org](mailto:dist29cpc@area72aa.org)  
**Alt: Open**  
**CSO Director 1: Open** [d29csodir1@pugetsoundaa.org](mailto:d29csodir1@pugetsoundaa.org)  
**CSO Director 2: Woody L** [d29csodir2@pugetsoundaa.org](mailto:d29csodir2@pugetsoundaa.org)  
**Grapevine/Lit: Janeah O** [dist29gvlit@area72aa.org](mailto:dist29gvlit@area72aa.org)  
**Alt: Open**  
**Newsletter: Grace C** [d29actionlog@pugetsoundaa.org](mailto:d29actionlog@pugetsoundaa.org)  
**Alt: Mary N**  
**PI: DeeDee B** [dist29pi@area72aa.org](mailto:dist29pi@area72aa.org)  
**Alt: George N**  
**Registrar: Brittany U** [dist29registrar@area72aa.org](mailto:dist29registrar@area72aa.org)  
**Third Legacy: Alana W** [dist29thirdleg@area72aa.org](mailto:dist29thirdleg@area72aa.org)  
**Alt: Carol J**  
**Treatment: Greg E** [dist29treatment@area72aa.org](mailto:dist29treatment@area72aa.org)  
**Alt:**  
**12 Step: Jake F** [tsscchair@pugetsoundaa.org](mailto:tsscchair@pugetsoundaa.org)  
**Facilities Liaison: Steve B**

DCM = District Committee Member  
 CPC = Cooperation Professionals Community  
 PI = Public Information  
 GSR = Group Service Representative

### Elected WW Area72 Trusted Servants of Panel 75

**DELEGATE:** Courtney S [delegate@area72aa.org](mailto:delegate@area72aa.org)  
**ALT DELEGATE:** Lupita YM [altdelegate@area72aa.org](mailto:altdelegate@area72aa.org)  
**CHAIRPERSON:** Derek S [chair@area72aa.org](mailto:chair@area72aa.org)  
**ALT CHAIRPERSON:** Lisa S [altchair@area72aa.org](mailto:altchair@area72aa.org)  
**TREASURE:** Theresa P [treasure@area72aa.org](mailto:treasure@area72aa.org)  
**ALT TREASURER:** Derek N [alttreasurer@area72aa.org](mailto:alttreasurer@area72aa.org)

## District 29 Groups

Above Ground.....Gary S  
 Alt. Emillie M  
 Back To Basics.....Rex J  
 Eatonville  
 Elbe Friday Nighters  
 FIR Group.....Bruce K  
 Alt. Kevin O  
 Firgrove.....Laurie S  
 Graham Women's .....Mary N  
 Alt. Christina P  
 Hang In There.....Patty G  
 Alt  
 Hole In the Donut.....Jill N  
 Keep It Simple Sumner...Chris L  
 Alt. Don S  
 Living Free.....Ryan W  
 Loft Group.....Keith G  
 Alt. Dave F  
 Meeker.....Misty M  
 Alt. Woody L  
 Ohop.....Chelsea P  
 Alt. Mandy B  
 On Track Again.....Beatriz C  
 Alt. Holly C  
 Orting Fireside.....Joshua D  
 Out to Lunch Bunch  
 Puyallup Men's Stag...Shaun R  
 Puyallup Service Group..Bryce J  
 Alt. Jasmine P  
 Seeking Our Solution..Rachel K  
 Alt. Rick B  
 Sober Sisters of Sumner..Annie M  
 Alt  
 Solution is the Journey..John P  
 Alt. Robert  
 Trusted Servants.....Mitch M  
 Alt. Janeah O  
 Women On Tapps.....Sherrie S  
 Alt

## Trusted Servants Monthly Reports

<b>DCM: Fred J</b>	<a href="#">Report on Page 6</a>	<a href="mailto:dcm29@area72aa.org">dcm29@area72aa.org</a>
<b>Alt DCM: Amanda M</b>	<a href="#">Page 6</a>	<a href="mailto:altdcm29@area72aa.org">altdcm29@area72aa.org</a>
<b>Secretary:</b>		<a href="mailto:dist29secretary@area72aa.org">dist29secretary@area72aa.org</a>
<b>Alt:</b>		
<b>Treasurer: Dan C</b>		<a href="mailto:dist29treasurer@area72aa.org">dist29treasurer@area72aa.org</a>
<b>Alt:</b>	<a href="#">Treasurer Report on page 5</a>	
<b>Accessibility: Ty S</b>		<a href="mailto:dist29accessibility@area72aa.org">dist29accessibility@area72aa.org</a>
<b>Archives: Deborah M</b>		<a href="mailto:dist29archives@area72aa.org">dist29archives@area72aa.org</a>
<b>Alt: Jess J</b>	<a href="#">Archivist Report on page 18</a>	
<b>Corrections: Janet A</b>		<a href="mailto:dist29corrections@area72aa.org">dist29corrections@area72aa.org</a>
<b>Alt:</b>	<a href="#">Corrections Report on page 18</a>	
<b>CPC: Scott N</b>		<a href="mailto:dist29cpc@area72aa.org">dist29cpc@area72aa.org</a>
<b>Alt:</b>	<a href="#">CPC Report on page 17</a>	
<b>CSO Director 1:</b>		<a href="mailto:d29csodir1@pugetsoundaa.org">d29csodir1@pugetsoundaa.org</a>
<b>CSO Director 2: Woody L</b>		<a href="mailto:d29csodir2@pugetsoundaa.org">d29csodir2@pugetsoundaa.org</a>
<b>Grapevine/Lit: Janeah O</b>		<a href="mailto:dist29gvlit@area72aa.org">dist29gvlit@area72aa.org</a>
<b>Alt:</b>		
<b>PI: DeeDee B</b>		<a href="mailto:dist29pi@area72aa.org">dist29pi@area72aa.org</a>
<b>Alt: George N</b>		
<b>Registrar: Brittany U</b>		<a href="mailto:dist29registrar@area72aa.org">dist29registrar@area72aa.org</a>
<b>Third Legacy: Alana W</b>		<a href="mailto:dist29thirdleg@area72aa.org">dist29thirdleg@area72aa.org</a>
<b>Alt: Carol J</b>	<a href="#">Third Legacy Report on page 17</a>	
<b>Treatment: Greg E</b>		<a href="mailto:dist29treatment@area72aa.org">dist29treatment@area72aa.org</a>
<b>Alt:</b>		
<b>Newsletter: Grace C</b>		<a href="mailto:d29actionlog@pugetsoundaa.org">d29actionlog@pugetsoundaa.org</a>

Hello to All in District 29,

I really like that the second Tuesday falls on the 13th instead of the 8th this month. The 2nd Tuesday being the deadline to have print complete. I like the few extra days but then half the month is gone. Hope May is great for you, One Day at a Time! Thank you for allowing me to be of service, Grace

**Alt: Mary N**

**12 Step: Jake F**



# District 29 Treasurer's Report April 2025

Groups	Donations											
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Above Ground	\$ 40.00	\$ 40.00	\$ 30.00	\$ 30.00								
Back to Basics	\$ 40.00	\$ 40.00	\$ 40.00	\$40.00								
Eatonville Group				\$150.00								
Elbe Friday Ntirs												
FIR (Fellowship In Recovery	\$544.00											
Firarove Group	\$ 180.00											
Fresh Start												
Graham Group												
Graham womens group	\$340.00											
Hang in There (HIT)												
Hole in the Donut												
Keep It Simple Summer (KIS												
Living Free												
Loft Group	\$47.92	\$10.00	\$10.00	\$10.00								
Meeker Fellowship												
OHOP Nuts and Bolts			\$139.11									
Orting Fireside												
Out to Lunch Bunch		\$ 300.00										
Puvallup Group												
Puyallup Men's Stag		\$200.00										
Puvallup Service Group			\$279.40									
Seeking Our Solution (SOS)				\$300.00								
Shop Group												
Sober Sisters of Sumner												
Solution is the Journey												
Trusted Servants	\$ 50.00	\$50.00	\$50.00	\$50.00								
Women on Tapps			\$80.00									
Total Group Donations												
District 29 7th Tradition	\$ 103.00	\$71.00	\$ 114.00	\$ 82.00								
Income Special Events												
unknown	\$23.00											
Total Income This Month	\$ 1,367.92	\$ 711.00	\$ 742.51	\$ 662.00								
EXPENSES												
DCM				\$ 173.59								
Alt DCM				\$55.00								
Secretary												
Treasurer			\$14.60									
Newsletter												
Accessibility												
Archives		\$82.45	\$99.08									
Third Legacy												
Corrections												
C.P.C		\$67.40										
Pub. Info	\$202.66	\$41.00		\$ 94.46								
Registrar												
Treatment												
12 Step												
Annual Donation CSO 60%												
Annual Donation WWA 30%												
Annual Donation GSO 10%												
CSO Phones			\$ 195.00	\$ 65.00								
Meeting Room Rent	\$ 200.00	\$200.00	\$ 200.00	\$ 200.00								
Post Office Box				\$ 210.00								
Storage Rent	\$ 138.00	\$ 138.00	\$ 138.00	\$ 138.00								
Zoom	\$ 17.61	\$17.61	\$ 17.61	\$ 17.61								
Total expenses	\$ 558.27	\$ 546.46	\$ 664.29	\$ 953.66								
NET Monthly Balance	\$ 809.65	\$ 164.54	\$ 78.22	\$ 291.66								
Beginning Bank Balance	\$22,439.98	\$ 23,249.63	\$ 23,414.17	\$ 23,492.39								
Ending Bank Bal.	\$ 23,249.63	\$ 23,414.17	\$ 23,492.39	\$ 22,166.21								
Operating balance	\$8,232.69	\$ 8,379.23	\$8,475.45	\$8,183.79								
PRUDENT RES. **	\$2,516.94	\$2,516.94	\$ 2,516.94	\$ 2,516.94								
Special Events Begin Bal	\$ 12,500.00	\$ 12,500.00	\$ 12,500.00	\$ 12,500.00								
Picnic Expenses				\$1,034.52								
Picnic Income												
Picnic Balance	\$ 2,500.00	\$ 2,500.00	\$ 2,500.00	\$ 1,465.48								
Gratitude Banquet Exp												
Gratitude Banquet Income												
Gratitude Banquet Balance	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00								
Special Events End Bala	\$ 12,500.00	\$ 12,500.00	\$ 12,500.00	\$ 11,465.48								

# DISTRICT COMMITTEE MEMBER DCM & Alt DCM REPORTS

## DCM

*Hello District 29 Members,*

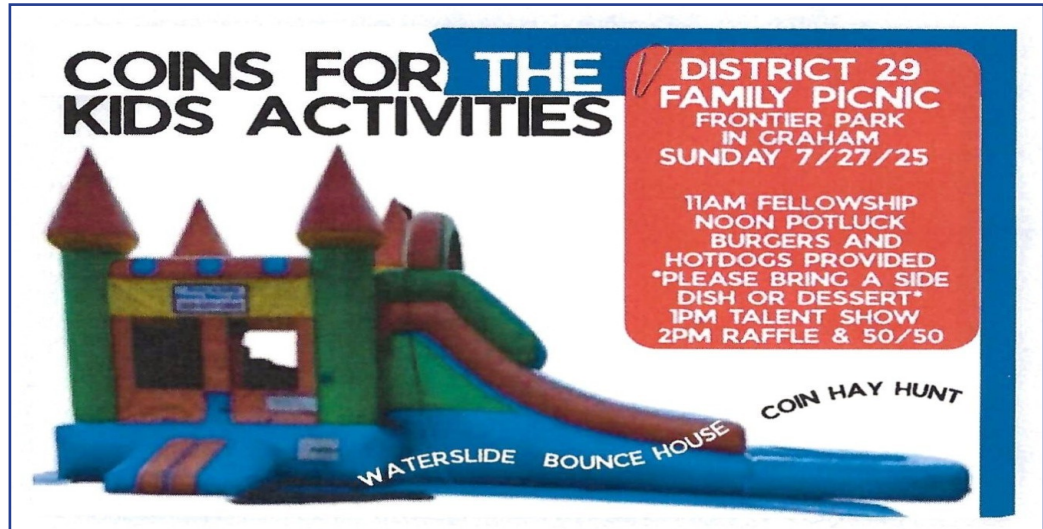
Hope everyone is having a great spring. This district keeps humming along. I will miss this upcoming meeting, so Amanda will run it. Please don't forget promoting the Summer Family Picnic and coins for the kids at your group meetings. And service positions need filled the day of the picnic event.

We still need help with some of the Alternate positions at the District level. If anyone is interested, they can contact me.

Fred Johnstone  
District 29 DCM  
[dcm29@area72aa.org](mailto:dcm29@area72aa.org)  
(253) 229-7435

## Alt DCM

*Greeting District 29,*



We are happy to have our second planning meeting in the books. Next meeting is on Tuesday June 3rd, 6:30pm at 432 Wood Ave, Sumner. A lot of activities being planned for that day, please come be apart of it, many volunteers needed plenty of service position to fill. Picnic is coming together and I'm looking forward to hearing about group baskets, themes and who is donating one. We are planning for another hot day, and cooling items about. New this year, for one hour a Talent show, you will be able to sign up with the DJs.

Still need: Propane grills and grillers, canopies

Please donate pocket change and bills to the coin cans for Kids Activities

Volunteers to set up and clean up, many other service opportunities

Also we will decide the November Banquet's theme, at the next meeting. Come be a part of this great event.

Amanda M  
District 29 Alt DCM  
[altdcm29@area72aa.org](mailto:altdcm29@area72aa.org)

## Responsibility Statement

I am responsible, when anyone, anywhere reaches out for help,  
I want the hand of AA always to be there, and for that:  
I am responsible.

# GROUP SERVICE REPRESENTATIVE

## GSR REPORTS

### ABOVE GROUND\*

We have meetings on Monday and Fridays at noon. This space has ground-level entry, so it is accessible to all. There are large windows that allows the natural light of the day. Warmer weather is approaching and is there a better way to relax than by spending an hour and quarter with good friends, coffee and treats? *The church has provided us with an extra room that we use for childcare or it would be good for private one-on-one talks.* Come meet up with some old friends or meet new ones. Our meetings are held at;

**Sumner First Christian Church**  
**432 Wood Ave.**  
**Sumner, WA 98390**

On the last Friday of the month we provide cake and celebrate the sobriety of our friends.  
In April we celebrated with:

<b>Brett H</b>	<b>1 month</b>	<b>Susan S</b>	<b>18 years</b>
<b>Cory B</b>	<b>6 months</b>	<b>Shelly</b>	<b>20 years</b>

Congratulations to all!

Thank you Phil M for bringing the cake this month.

### BACK TO BASICS\*

*Hello from Back to Basics,  
We have closed meetings every Tuesday evening at 7:00pm. In the white chapel basement of Mountain View Lutheran Church, 3505 122nd Ave E, Edgewood. Home group speakers share every third Tuesday of the month. Birthday nights are open on the last Tuesday and we have sweets to share. We hope to see you all there!*

*April Birthdays:  
Cheyanne W - 4 months  
Carla S - 1 year  
Andy P - 7 years  
Keith - 11 years  
Katie L - 21 years  
Michael M - 36 years  
Delia A - 50 years*

### EATONVILLE

American Legion Hall, 123 Rainier Ave N, Eatonville, WA 98328  
Tuesday 7pm - 8pm, Wednesday 12-1pm, Saturday 9am -10am

### ELBE\*

Greetings from greater downtown Elbe (virtually)!

We still meet every Friday at 7:00pm on Zoom. If you're looking for a small meeting with lots of good sobriety be sure to check us out. The commute is really easy! Come and join us in the (virtual) Shadow of the Mountain!

Zoom meeting ID: 208 089 505  
Passcode: 008670

Congratulations to all the birthday peeps in District 29!  
Come join us! Keep coming back! Toddy F



## FIR\*

The Fellowship In Recovery (FIR) group celebrated birthday night on Tuesday April 29 2025, at 7pm, an Al anon/AA speaker meeting. Our Al anon speaker was Katie A and AA speaker was Stacey. The FIR continues to have good attendance and participate in our book study meetings.

FIR group meets twice a week on Tuesday at 7pm and Saturday at 8am, at Sound Life Church, 101 Corrin Ave SW, in Orting. On the first Tuesday of each month, we study the Traditions out of the 12 & 12 and discuss it. The first Saturday of each month we study a Step out of 12 & 12. We read the Big Book at all the other meetings. With the last Tuesday being Birthday night. On Tuesdays, the Al-anon Family Group, Families in Recovery meets at the same time as the AA meeting, upstairs at 7pm.

Our meetings are open and we invite you to join us. We hope to see you soon!

We celebrated the following Birthdays:    5 months: John D,   6 months: Kyle L,   8 months: Anne F,  
Russ A, James S,   9 months: Travis H,   10 months: Joe P,   1 year: Jill, Sean K,   25 years Glen C,

## FIRGROVE\*

Greetings from the Firgrove Group! Welcome to the Spring weather with longer daylight. We are getting to see new faces, which is always welcome. Please come and join us on Monday and Fridays at 8:00pm. There is always room for more and the coffee is always on. Many thanks to our guest speaker for Birthday night, Shawn K for sharing his story. Old school AA with a wealth of knowledge and experience!

### **Celebrated Birthdays**

#### **For April 2025:**

<b>Mike</b>	<b>24 hours</b>
<b>Colin</b>	<b>30 days</b>
<b>Natalina</b>	<b>30 days</b>
<b>Sara</b>	<b>9 years</b>
<b>Keith</b>	<b>11 years</b>
<b>Shelly</b>	<b>20 years</b>
<b>Kathi</b>	<b>21 years</b>

### **We meet at**

**Pilgrim Lutheran Church**  
**10510 136th St E**  
**Puyallup, WA 98374**

**Newcomers are always welcome**

**We meet Mondays (closed) meeting**  
**alcoholics only, 8pm to 9pm**  
**Fridays (open) meeting 8pm-9:15pm**

### **Happy Birthday to all!!!**

**Business meeting 3rd Monday of the**  
**month at 6:30pm. Followed with a**  
**Traditions meeting at 8pm-9pm**

Daily Reflection May 13th If we skip this vital step, we may not overcome drinking. ALCOHOLICS ANONYMOUS, Page 72
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**Birthday night speaker meeting the last**  
**Friday of the month 8pm-9:30pm. With**  
**speaker, coins and cake.**

I certainly didn't leap at the opportunity to face who I was, especially when the pains of my drinking days hung over me like a dark cloud. But I soon heard at the meetings about the fellow member who just didn't want to take Step Five and kept coming back to meetings, trembling from the horrors of reliving his past. The easier, softer way is to take these Steps to freedom from our fatal disease, and put our faith in the Fellowship and our Higher Power.
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## GRAHAM WOMEN'S GROUP\*\*

Our group of wonderful women, are happy to share each other's experience, strength and hope. We enjoy and filled so many service positions in the group, keeping the importance of giving back, alive. Graham Women's meets on Saturdays at 9am. Location:

Lutheran Church of St Paul  
22419 108th Ave E  
Graham, WA 98338

We are a hybrid meeting:  
Zoom ID: 428 9538 662  
Password: 036816

Business meetings is held immediately after our regular meeting on the first Saturday of the month. We enjoy celebrating Birthdays on the last Saturday of the month, come join us, ladies. Because of a programing glitch the editor apologizes here is March birthdays also:

### March Birthdays:

Cari - 1 month  
Melanie - 2 months  
Susan - 8 months  
Jess - 8 months  
Michelle - 1 year  
Gayla - 2 years  
Candy - 2 years  
Vianca - 4 years  
Christie - 6 years  
Jamie - 11 years

### April Birthdays:

Melanie - 3 months  
Jess - 9 months  
Rachel - 9 months  
Tori - 1 year

## HANG IN THERE\*

### Hang In There Group Annual Picnic



Sunday August 24, 2025

11:00 am—3:00 pm

Frontier Park  
21714 Meridian E  
Graham, WA 98338



Join us for a day of fun, food and  
fellowship!

Hot dogs and Hamburgers provided!

Please bring a side dish to share!

**50/50 Raffle General raffle  
Dynamic Speaker**

### Hang In There (HIT) Group Report April 2025

We welcome everyone to our group! This is a kid friendly meeting.  
Our meetings on Zoom are held **Monday – Saturday, 11 am-12:45 pm**  
**Meeting ID: 870 333 8446 (New zoom ID)**

**Password: 201999**

**\*We no longer provide verification letters of meeting attendance on Zoom.**

We meet **in-person Monday – Saturday, 11 am-12:15pm**  
At Christ Community Baptist Church – portable classroom #3  
Address: 8016 176<sup>th</sup> St E, Puyallup, WA 98375  
Meeting opens at 10:30 am for fellowship.

### Upcoming Events:

May Business Meeting will be held on Friday, 5/16/25 immediately after our regular meeting.  
May Birthday Meeting will be held on Thursday, 5/22/25 during our regular meeting hours. Join us for cupcakes, ice cream and a speaker!

### April Birthdays – Speaker Derrek

Under 30 days – Meri C.  
Dave R.  
3 mo. – Heather R.  
5 mo. – Ashley D.  
Adam H.

9 mo. – Willoe T.  
1 yr. – Tori H.  
Matt J.  
2 yr. – Wanda R.

5 yr. – Christina L.  
7 yr. – Patty G.

## HOLE IN THE DONUT\*

Greetings from the Hole in the Donut Group!

Our meetings are held every Sunday from 11:00 AM - 12:00 PM. We meet at the United Methodist Church, 109 Train Street SE, Orting. We celebrate sobriety birthdays on the last Sunday of the month. All are welcome to join us for hot coffee and of course, donuts!

In April we celebrated the following birthdays:

24 hours-	Scott S	1 year-	Jill N
24 hours-	Dave R	7 years-	Patty G
4 months-	Cheyenne W	20 years-	Shelly S
9 months-	Stephen H	25 years-	Glenn C

Also, our group is working on a community vegetable garden project at the church. Join us to celebrate our sobriety and engage in some fun service work, giving back to others.

HOPE TO SEE YOU SOON! JOIN US!

## KEEP IT SIMPLE SUMNER

United Methodist Church, 901 Wood Ave, Sumner, WA 98390

Open meeting, Wednesday 7-8pm. Birthday night is the last Wednesday of the month. Our business meetings are the 2nd Wednesday of the month after the regular meeting.

## LIVING FREE\*

The Living Free Group is located in Puyallup at the corner of 5<sup>th</sup> and Pioneer at the Presbyterian Church, every Sunday at 6:30 pm. This is an open meeting and all are welcome. We have a birthday speaker meeting the last Sunday of the month along with a potluck which starts at 6:00 pm. Our guest speaker for the month of April was Frank from the Above Ground Group, who shared his Experience, Strength and Hope.

April Birthdays:

2 Months	James	7 years	Dave
3 Months	Shannon	18 years	Suzanne
3 Months	Jessica	20 years	Shelley
7 Months	Daniel	21 years	Kathy L
1 Year	Jill	25 years	Glenn
7 Years	Dave		

Happy Birthday to everyone.

Hope to see all of you soon at Living Free!!!

Kevin C.

### Open Meetings:

Daily Meetings: Noon & 8pm

Mon, Tues, Wed, Fri, Sat & Sun  
~ 6pm & 8pm

### In-Person Women's Meetings:

Wed & Sun ~ 6pm

### Zoom Women's Meetings:

Wed & Sun ~ 6pm

ID: 862 7295 5592

Password: 035163

At the Loft we love to have fun! We have added a lot of meetings to accommodate and welcome our friends from Meeker. Our business meeting is held on the 3rd Thursday each month at 7pm. We ask that all chair people and trusted servants attend so they know what changes are happening at our cozy hall. However, everyone is welcome to come to our business meetings! Come see how they operate, have your voice heard, or get any questions you have answered on May 15<sup>th</sup> at 7pm.

We celebrate birthdays at the Loft in person the last Wednesday of each month at 6pm (women and children only) and the last Friday of each month at 8pm (open) and with coins, a speaker, and treats. The Loft women on Zoom also celebrate birthdays on the last Wednesday of each month at 6pm, followed by a speaker and time at the end of the meeting for open sharing.

### Happy Birthday

Ken 1 month	Kayla 7 months		Janet A 14 years
Jaclyn 2 months	Karesa 1 month	Misha L 3 years	Brad 16 years
Chris 2 months	Katia 2 months	Cody 3 years	Aaron L 31 years
Crystal 2 months	Dominique 6 months	Randal S 14 years	Jeff 34 years
Laura k 4 months	Desirae M 4 months	Randal S 14 years	Bev 43 years
Justin 5 months	Bree 3 years	Ohio 8 years	Jan H 49 years

### Thank you to our Birthday Speakers:

Tanner, Pam & Cindy G

Happy Birthday Everyone! Remember to stay in the middle of the herd.

Tara S

## MEEKER FELLOWSHIP

## Camp Out flyer on page 21

Meeker Fellowship, we hope to have our new location soon. But for now we are meeting at the Loft location: Lake Chalet Square #4, 10216 29th St. E, Edgewood, WA 98372.

Sat & Sun midnight (12am). Sat & Sun 6am And Daily 9am & 4pm

Meeker Group has Zoom meetings on Tuesday 6am - 7am

Zoom ID: 128880885

Passcode: Meeker207

## OHOP

**OHOP Nuts and Bolts meets in "God's Garage" next to Bethany Lutheran Church located at 26418 Mountain Hwy East, Spanaway, WA 98387**

**We meet 7 days a week at 7pm. Monday book study night.**

**On Monday, Tuesday, Wednesday and Friday we have Closed meeting (Alcoholics only).**

**With Open (all welcome) on Thursday, Saturday and Sundays.**

**Our business meeting is on Saturday \*after\* the second Tuesday each month at 5pm.**

**Our birthday night is the last Saturday each month at 7pm.**

**We celebrate birthdays for 24 hours and each month up to year, 18 months and all year celebrations.**



## ON TRACK AGAIN\*

Our group meets in the Mt Rainier Dining Car, located on [54106 Mountain Highway East, Elbe, WA 98330](#). We meet every Wednesday night at 6:00pm for an open meeting. Then once a month on the second Sunday join us for a Spiritual Breakfast Speaker meeting: seating is open at 9:30am, meeting begins at 10am. Our business meeting is held on last Wednesday of the month, following the regular meeting. As the daylight hours increase, we encourage you to go for a scenic drive and join us, to share our experiences, strength and hope.

**April Birthdays: Dominique 4 years**

**April Speaker: Robinson E from Seattle, WA**

## ORTING FIRESIDE\*

### **Greetings from the Orting Fireside Group!**

Our meetings are on Mondays and Thursdays from 6:30 – 7:30 PM. We meet at the United Methodist Church, 109 Train Street SE, Orting. We celebrate sobriety birthdays on the last Thursday of the month. Join us for cake, coffee, and coins (and a speaker too!)

#### **In April we celebrated the following birthdays:**

24 hours – Mike H	1 year – Jill N
24 hours – Eric C	1 year – Anthony R
3 months – Katie C	1 year – Matt J
9 months – Stephen H	25 years – Our very own Glenn C
9 months – Rachel S	

Thank you to Forrest, our April birthday speaker, for sharing his experience, strength, and hope.

KEEP COMING BACK

## OUT TO LUNCH BUNCH\*

The Out To Lunch Bunch is an open meeting of Alcoholics Anonymous. We meet at noon on Tuesday, Thursday and Saturdays. Our Tuesday meeting is a book study. We are currently reading from the Twelve & Twelve and having some excellent discussions. As the warmer months approach, we will take advantage of the air conditioner inside. The church has provided an extra room that we can use for childcare or it is also a good space for private one-on-ones talks. We are located at: Sumner First Christian Church, 432 Wood Ave, Sumner, WA 98390. The last Saturday of the month is our birthday meeting, during which we provide coins and some sort of sweet treats. All we ask is for you to bring your experience, strength and hope.

#### ***In April we celebrated with:***

***Mark T 4 months, Janet S 7 months, Paula M 8 months, Erica M 8 months, Keith B 11 months, Erin B 34 years, Michael M 36 years***

**Congratulations to all and to all with another day of Sobriety!**

**Special thank you to Paula M for bring a delicious carrot cake.**

## PUYALLUP MEN'S STAG

Peace Lutheran Church, 214 East Pioneer, Puyallup, WA 98372

Thursday at 7:00pm



## PUYALLUP SERVICE GROUP

*Hello from Puyallup Service Group.*

*We meet Wednesday and Saturdays at 8-9pm.*

*Our business meeting is the 3rd Saturday of every month.*

*Our birthday night is the 4th Saturday of every month.*

*Our phone commitment is the 4th Friday of every month  
at the CSO from 6-9pm, all are welcome to join.*

*We meet at: Celebration Lutheran Church  
2500 Shaw Road East  
Puyallup, WA 98371*

*PSG April Birthdays:*

1 month	Brenda	6 years	Sheryl
1 year	Mitch	7 years	Andy
1 year	Angie	8 years	Ty
1 year	Alex	11 years	Keith
3 years	Lauren	21 years	Kathy
5 years	Jason	36 years	Ally

## SEEKING OUR SOLUTION

Seeking Our Solution (**SOS**) meets every Saturday from 8:00am at the First Presbyterian Church, [412 West Pioneer Ave, Puyallup, WA 98371](#). Right across from the Police Station and just a block from the farmers market! Our business meeting happens on the 3rd Saturday, after regular meeting. And we host a breakfast potluck on the last Saturday to celebrate milestones.

In April, we proudly celebrated these milestones:

Katie G 1 month	Carol A 20 years
Rick B 11 months	Kathy L 21 years

Best Quote of the meeting: "Alcohol cannot fuel your time machine and return you to a time when drinking was fun."

## SOBER SISTERS OF SUMNER\*

S.S.S. is an open Women's meeting that meets every Wednesday 12:30-1:30 at

***Sumner First Christian Church - 432 Wood Ave, Sumner WA 98390***

Childcare is provided. This group has fun, along with the seriousness of getting and staying sober. Come join us ladies and hear laughter at every meeting, and sharing the message. Our business meeting is the 3rd Wednesday of the month, right after the regular meeting. The birthday meeting is the last Wednesday of the month.

Birthdays for April:

April	1 week	Judy	2 months
Lisa	3 months	Jessica	8 months

Gratefully,  
Annie May SSS GSR

## SOLUTION IS THE JOURNEY\*

Meets at: Graham Church of Christ  
9524 224th Street East  
Graham, WA 98338

Monday thru Friday at Noon to 1:00

Birthdays for April 2025 are:

Susanna 1 month                      Chris 2 months

## TRUSTED SERVANTS\*

Hello from Trusted Servants,

We meet for one hour every Monday at 7pm, Faith Covenant Church, 1915 Washington Street, Sumner. Our business meeting is held the 3rd Monday of the month at 6pm. Trusted Servants always has room for anyone who would like to be part of a fellowship with strong sobriety and principles. Please join us and make Trusted Servants your home group.

We celebrate sobriety birthdays the last Monday of each month with “the Best Potluck in town,” starting at 6:15pm. Birthday coin celebration and open sharing starts at 7pm.

This month we had an abundance of delicious food and a wide variety of sweets and treats that left everyone full and happy.

**Celebrating April Birthday are:**

**River 30 days**

**Kim 18 months**

**Gia 4 months**

**Aundremi 18 months**

**JB 1 year**

**Erin 34 years**

**Delia 50 years**

## WOMEN ON TAPPS\*

**Lake Tapps Community Church**  
**17017 Forest Canyon Road E**  
**Lake Tapps, WA 98391**

WOT is an open women's meeting on Monday night at 7pm to 8:15pm. We have childcare for mothers that need a meeting. We enjoy the increasing number of Women at the meeting. We are grateful for the joy of fellowship created by sharing our experience, strength and hope with each other.

Our group would like to thank Brianna (former DCM) for speaking at our Birthday meeting. We really enjoyed her, sharing her experience, strength and hope with us. We love our birthday meetings, April 28th meeting had 32 women attending. Please join us ladies in recovery.

**April Celebrating Birthdays are:**

2 months	Judy	Rebecca	11 months
4 months	Cheyenne	Marie	18 months
6 months	Amanda	Cheryl	3 years
8 months	Daniel	Diane K	6 years
8 months	Angel	Diane	10 years
8 months	Daniel	Fran	12 years

**Our group's rotating schedule is:**

- **1st Monday of the month**  
**Big Book study**
- **2nd Monday is Step study**
- **3rd Monday is Tradition**  
**12&12 study**
- **Last Monday is Birthday/**  
**speaker meeting**

# GSR EVENTS

GSRs: I hope you experience a small portion of what our Delegate Courtney will go through while she's in New York. Next a Delegate report back so you can return to your group what was decided. Next on the agenda will be preparing for the Pre-Assemblies and the Assembly in October.

Several Delegate Report backs have been scheduled. Keep an eye on [Area72aa.org](http://Area72aa.org) for which one you'd like to attend and take someone with you!

**June 10th and July 8th**  
**All District meetings are held on the**  
**Second Tuesday of every month**

**In Person at:**

**Sumner First Christian Church**  
**432 Wood Ave, Sumner, WA 98390**

**Or:**

**Zoom ID: 822 8664 9231**

**Password: 349029**

## Committee Meetings:

**2nd Tuesday May 13th at 6:30 pm**

*District 29 Monthly meeting*

**3rd Tuesday May 20th at 6:30 pm**

*Treatment Meeting*

**4th Tuesday May 27th at**

**5:30 pm CPC / PI Meeting**

**6:30 pm Corrections Meeting**

**1st Tuesday June 3rd at 6:30 pm**

*District Picnic planning committee*

## DELEGATES REPORT BACK

**June 7th, 2025**

**Time: 10:00 am - 2:00 pm**

Hosted by District 43

Peninsula Districts

10, 22, 43, 55, and 56

at

Christian Life Center

1780 SE Lincoln Ave

Port Orchard, WA 98366

***Finger food potluck • Coffee Provided***

***7th Tradition will be observed.***

**Contact: Jim B. - DCM 43 • (360) 473-6250**



## GSR PREAMBLE

We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the World of A.A.

We realize the ultimate authority in A.A. is a loving God as He may express Himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that they can reach an informed group conscience. In passing along this Group Conscience, we are helping to maintain the unity and strength so vital to our fellowship.

Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our group and A.A. as a whole.

★ ★ ★ DISTRICT ★ ★ ★

29

# FAMILY PICNIC

*Sunday, July 27*

**FRONTIER PARK IN GRAHAM**

**21718 MERIDIAN E**

**11AM** FELLOWSHIP

**NOON** POTLUCK

**1PM** TALENT SHOW

SIGNUPS START AT 11 FOR A 5 MIN TIMESLOT. FIRST COME FIRST SERVED

**2PM** RAFFLE & 50/50 DRAWING

KIDS WATERSLIDE BOUNCE HOUSE, DJ, FELLOWSHIP AND MORE!

**BURGERS AND HOTDOGS PROVIDED PLEASE BRING A SIDE DISH OR DESSERT**

SERVICE OPPORTUNITIES AVAILABLE

HELP US PLAN, COOK, SETUP ETC

CONTACT KORI G 253-686-7940

OR AMANDA M ALTDCM29@AREA72AA.ORG



## April 2025 District 29 Third Legacy Monthly Report

Hello District 29,

It's Carol J, the Third Legacy Alt bringing this month's Third Legacy Report to you. Alana W and I are excited to serve our groups, bringing you the Third Legacy presentation, closing the triangle affirmed by Bill and Bob at the 1955 St. Louis Alcoholics Anonymous Convention.

We are ready to come to your group's business, birthday, and/or regular meetings to bring the Third Legacy experience, sharing how service has impacted each one of us and our sobriety. We have received lots of positive feedback and look forward to each of the presentations!

Thank you to the Sober Sisters of Sumner for opening their meeting in April to the Third Legacy. A special thank you to Dean C District 29 Treasurer, Grace C Action Log Editor, Dee Dee PI chair, Fred J DCM, and to the Sober Sister's GSR Annie May!

The month of May will have two Third Legacy presentations.

First one at: Trusted Servants group on Monday, May 12, 7pm.  
Faith Covenant Church, 1915 Washington Street, Sumner, WA 98390.

Second one at: Keep It Simple Sumner (KISS) on Wednesday, May 21, 7pm. At United Methodist Church, 901 Wood Ave, Sumner, WA 98390.

Please come and join the fun.

In Service,

Carol J  
District 29 Third Legacy Alt.

Alana W  
District 29 Third Legacy Chair  
[dist29thirdleg@area72aa.org](mailto:dist29thirdleg@area72aa.org)  
[alanaw28@yahoo.com](mailto:alanaw28@yahoo.com)  
206-519-1508

## April 2025 District 29 CPC Report

Hello District 29 🧐,

We have some really great opportunities coming up in the Cooperation with the Professional Community Committee! District 29 CPC reps can get more information every 4th Tuesday of the month at 5:30pm at the PI/CPC committee meeting. The address is 432 Wood Ave., Sumner, WA 98390.

The PI committee is currently taking panel meetings to Sumner, Orting and Bonney Lake high schools. We are now in contact with an administrator in the Puyallup school district so there is a new opportunity to add 4 more high schools to the rotation! Stay tuned...

I attended the 2nd Area 72 CPC quarterly in Edmonds on May 3rd. There were 23 members in person and 3 on zoom. We had a potluck noon. Business started at 1pm.

The first item of business was a presentation from an assistant principal at a north Seattle high school. Her name is Julia and she gave us tips on how to make the approach and have success setting up panel meetings for both students and the faculty.

We next spent some time doing some scripted role playing on how to approach professionals in different fields. Our Area CPC chair, Sooz, created 7 different scripts using AI. It was impressive.

We had another speaker who is new to sobriety but a 20 year public defender who has represented tons of people with alcohol related charges. He said the number one thing that his clients would hang up about Alcoholics Anonymous was "I don't want religion shoved down my throat". We members, obviously, have not found that to be true but that seems to be the way many potential alcoholics see our program.

Last exciting thing, Area 72 CPC is starting 3 ad hoc committee campaigns. Most districts in area 72 have very small or even single person committees. This will encourage us to work together on the difficult to start but potentially fulfilling 12 step work. Committee 1 will focus on approaching fire departments and first responders. Committee 2 will focus on approaching employers and union locals in the construction field. The 3rd committee will be a CPC roadshow traveling to the different districts in western Washington, educating AA members in service what CPC is and how we can exponentially reach alcoholics.

In Service,  
Scott N, District 29 CPC Chair  
[dist29cpc@area72aa.org](mailto:dist29cpc@area72aa.org)

## April 2025 District 29 Archivist Monthly Report

Hello District 29,

I will be attending a Quarterly on May 3rd at the Puget Sound Central Service Office in Tacoma. I will give my report at the business meeting May 13th. And will inform you more next month.

District 29 Archives

Deborah M

D29 Archivist

[dist29archives@area72aa.org](mailto:dist29archives@area72aa.org)

## April 2025 District 29 Corrections Monthly Report

District 29 Corrections Report May 13, 2025

Hello District 29,

\*I attended the CSO Corrections Meeting in Tacoma on Thursday, April 10th. I received much needed information.

We fulfill the following needs:

- Taking 12-step meetings inside correctional facilities.
- Providing Big Books and other conference-approved literature to correctional facilities for inmates to request. 100% of these literature requests are funded by GSIG Pink Can Fund Donations.
- Provide newly released members with an AA member on the outside prior to their release to help get those members to their first AA meeting on the outside.
- Writing letters to men and women who want recovery support while they serve time.
- Serve as a clearinghouse of information that District corrections chairs and individual Ms can bring back to their groups.

**Puyallup Jail** is still closed.

We serve the following areas: **Puyallup, Eatonville, Orting Area**

Contributions for the Pink Can have been amazing. I will continue to pass it around at various meetings here at the Loft. Additional Pink Cans are being made for other Correction Chairs for their Home Groups as well.

Literature Donations: Examples of literature would be Big Book, 12 & 12, As Bill Sees It, Grapevines, The Plain Language Big Book as well. Hard back books are not acceptable as donations for institutions. I continue to collect literature and bring them to CSO accordingly.

The **Correspondence Program** is basically like a Sober Pen Pal who shares their experience, strength and hope with an inmate. There was a member that came and shared how he had a sober pen pal while he was incarcerated. He wrote back and forth with the

volunteer. He was very grateful to have this communication.

We are looking for Spanish Writing People for this program.

If you would like to take meetings into a facility, please see me after the meeting. I have contact information for each one that you will need to contact. With each of these commitments you must have at least 1 year of sobriety and be working with a sponsor to be a volunteer. You will be notified by the facility Liaison if you are approved or not. I have more information regarding details on which facilities are open and the times, etc.

I will be facilitating my first Corrections Meeting on Tuesday, May 27<sup>th</sup> at 6:30 at 432 Wood in Sumner, the same place that the District Meeting is at.

Treasurer Report: Expenses for January 2025: \$3,411.13, Donations for Pink Cans: \$253.50, Ending balance carried forward: \$3,85.31

Pink Can Balance Forward - Expenses \$2,340.80, Donations from **Pink Can \$350.96**, Total available funds to spend on literature this month: \$2,691.76. Pink Can Ending Balance Carried forward: **\$2,198.34**.

Old Business: Coins are being donated to McNeil Island Penitentiary.

New Business: We will be turning over outdated information to Archivist more than 7 years old to clean out storage.

Next meeting: Thursday, May 8<sup>th</sup>, 2025

Thank you for allowing me to be of service. I am so grateful for this opportunity! Janet A.

District 29 Corrections Chair

*When anyone, anywhere reaches out for help, I want the hand of AA to be there and for that I am responsible.*



# 2025 Area 72 Assembly

October 3-5, 2025

Lynnwood Event Center, 3711 196th St SW, Lynnwood, WA 98036 & via Zoom  
THE ANNUAL BUSINESS MEETING FOR WWA72

*This is a Hybrid Event*

**Hosted by D24**

<https://area72aa.org/2025-area-assembly>

**MAIL-IN REGISTRATION MUST BE RECEIVED BY 9/15/2025**

*(No meal refunds after September 15, 2025)*

Full Name: \_\_\_\_\_

Badge Name: \_\_\_\_\_

Home Group: \_\_\_\_\_

District #: \_\_\_\_\_

City: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

*I am a/an:*

- ☐ GSR
- ☐ Alternate GSR
- ☐ DCM
- ☐ Alternate DCM
- ☐ Past Delegate
- ☐ Volunteer
- ☐ Other AA Member

Accessibility requests need to be made no later than 9/1/25:

\_\_\_\_\_  
\_\_\_\_\_

## Registration

*Select One:*

- ☐ In-Person \$59
- ☐ Online (Email address is required) \$30
- ☐ Both (Email address is required) \$59

*\*Registration pays for rent and expenses; however, per Motion 90.2, payment of the registration fee is voluntary.*

## MEALS

Friday Ice Cream Social \$11

Saturday Lunch \$54

*Select One:*

- ☐ Roasted Chicken Quinoa Salad (Gluten-Free, Dairy-Free)
- ☐ Pork Chili Verde (Gluten-Free)
- ☐ Cauliflower, chickpea & mushroom pinwheels (Gluten-Free, Vegan)

Saturday Dinner \$78

*Select One:*

- ☐ Red Beans and Rice Stuffed Pepper (Gluten-Free, Vegan)
- ☐ Pan Seared Chicken Breast (Gluten-Free)
- ☐ Garlic Crusted Pork Chop (Dairy-Free)

Sunday Breakfast Buffet \$49

TOTAL ENCLOSED: \$ \_\_\_\_\_

Total for *In-Person* or *Both* registration  
and all meals is: **\$251**

*Coffee will be available, onsite, for purchase.*

**Make check payable to:**  
**2025 Area Assembly**

Register online starting April 1<sup>st</sup>, 2025 at:  
<https://area72aa.org/2025-area-assembly> or mail this  
completed page to:

**2025 Area Assembly, c/o District 24**  
**PO Box 439, Lynnwood, WA 98046**



ALCOHOLICS' ANONYMOUS

# 2025 BRIDGING THE GAP

Workshop Weekend

TEMPORARY CONTACTS

## September 5<sup>th</sup> – 7<sup>th</sup> 2025

Hosted by Area 5  
The Greater Los Angeles Area  
Sheraton Ontario Airport Hotel

429 N Vineyard Ave. Ontario, CA 91764 (909) 937-8000  
Room Rates \$155+tax Room Code BTG

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences and breakout sessions.

PLEASE PRINT CLEARLY

☐ I would like to volunteer to help

Email \_\_\_\_\_ Service Position \_\_\_\_\_ Area \_\_\_\_\_  
Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

breakout session topics you would like	<b>Registration</b>	Before July 1st \$50	Early Bird In-Person Weekend Registration \$50	<input type="checkbox"/>
		After July 1st \$60	In-Person Weekend Registration \$60	<input type="checkbox"/>
	Saturday Only Day Pass \$40	Saturday Night Banquet \$50	<input type="checkbox"/>	
	Online Attendance \$60	Vegetarian <input type="checkbox"/>		
<b>Total Person One \$</b>		<input type="checkbox"/>		

Register Online at BTGWW.org or Mail this form to and a check to:  
BTGWW 10001 E Evans Ave #62D Aurora, CO 80247

**Next Meeting is Tuesday, May 27, 2025, at 6:30 PM – Please mark your calendar!**

We invite anyone to participate who would like to share the message with alcoholics in correctional institutions. Our committee meets on the last Tuesday of the month at 6:30 p.m.

**Topic:** Corrections Committee

**Time:** Last Tuesday of the month at 6:30 PM

First Christian Church  
432 Wood Ave  
Sumner, WA 98390

*"I am grateful that I was given a second chance at life.  
By sharing my story, I hope to simply plant a seed that  
AA is here for them when they get out, regardless of  
their circumstances"*

— Katie Jo, Juvenile Detention Volunteer Coordinator

*I am responsible: when anyone, anywhere reaches out for help I want the hand of AA  
always to be there and for that I am responsible*

# —13<sup>TH</sup> ANNUAL—

## BONNEY LAKE STAG ANNIVERSARY DINNER AND SPEAKER MEETING

**WHEN**  
Saturday, May 17, 2025  
Doors Open at 5 pm  
Dinner Served at 6 pm  
Speakers at 7 pm

**WHERE**  
Swiss Park  
9205 198 Ave E. Bonney Lake, 98391

**KIDS**  
KIDS ARE WELCOMED  
KIDS 12 & BELOW EAT FOR FREE

**ADVANCE TICKETS**  
\$20.00

**AT THE DOOR**  
\$20.00

**DINNER**  
BLS will provide the following: Meat Dishes, Mashed Potatoes, and Beverages

Guest are asked to provide:  
A-O Side Dish or Salad  
P-Z Desserts

**SPEAKERS**  
AA - Jeff A.  
Seaside, OR

Alanon – Jane E.



The recovering and the still suffering alcoholic needs your help!  
The Twelve Step Committee needs volunteers and groups to come in and be of service.

Here is what our volunteers are saying about serving at the CSO:

"I love hearing how others have stayed sober and learning about being at the CSO gives me the opportunity to hear other people's stories and learning more about the fellowship and the structure of AA."

"I volunteered early in my sobriety. It opened my eyes to how big our fellowship really is and how amazing my fellow alcoholics are!"

"Volunteering here has taught me many things about the CSO, helping others, and our fellowship."

**Join us in this amazing opportunity of service! Sign up at:**

**aavolunteer.com**

\$20 per person

Tickets Available Through B. L.S. Members





# JOIN US FOR ANOTHER MEEKER CAMPOUT and PICNIC

**When:** August 8,9,10 2025

**Where:** Camp Lakeview 32919 Benbow  
Dr. E. Graham WA, 98338

## Camping

\$60-WEEKEND per tent

\$10 extra tent, (80 w/o  
pre-registration)

Friday check in noon

Sunday check out 11am

\$10 Saturday picnic per  
person (No Rv Hookups)

## Friday Night

\*7pm Chili cook off  
& potluck

\*Meeting 8pm

\*10pm campfire meeting

## SATURDAY

\*Meetings 6am 9am

Noon

\*6pm Pulled Pork Hawaii themed potluck

\*7pm Speaker(s)

\*10pm campfire meeting

## TRAIL MAP



## Activities

- \*Swimming
- \*Walking Trails
- \*Fishing
- \*Games
- \*Boating  
(rentals available)
- \*50/50 Raffle

For more info contact:

Dennis H. 253-278-4278

Sarah B. 253-386-8286

Nicole C. 253-248-3042

Maria H. 253-468-7769

## **The Twelve Steps of Alcoholics Anonymous**

### **Step 1**

We admitted we were powerless over alcohol - that our lives had become unmanageable.

### **Step 2**

Came to believe that a Power greater than ourselves could restore us to sanity.

### **Step 3**

Made a decision to turn our will and our lives over to the care of God as we understood Him.

### **Step 4**

Made a searching and fearless moral inventory of ourselves.

### **Step 5**

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

### **Step 6**

Were entirely ready to have God remove all these defects of character.

### **Step 7**

Humbly asked Him to remove our shortcomings.

### **Step 8**

Made a list of all persons we had harmed, and became willing to make amends to them all.

### **Step 9**

Made direct amends to such people wherever possible, except when to do so would injure them or others.

### **Step 10**

Continued to take personal inventory and when we were wrong promptly admitted it.

### **Step 11**

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

### **Step 12**

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

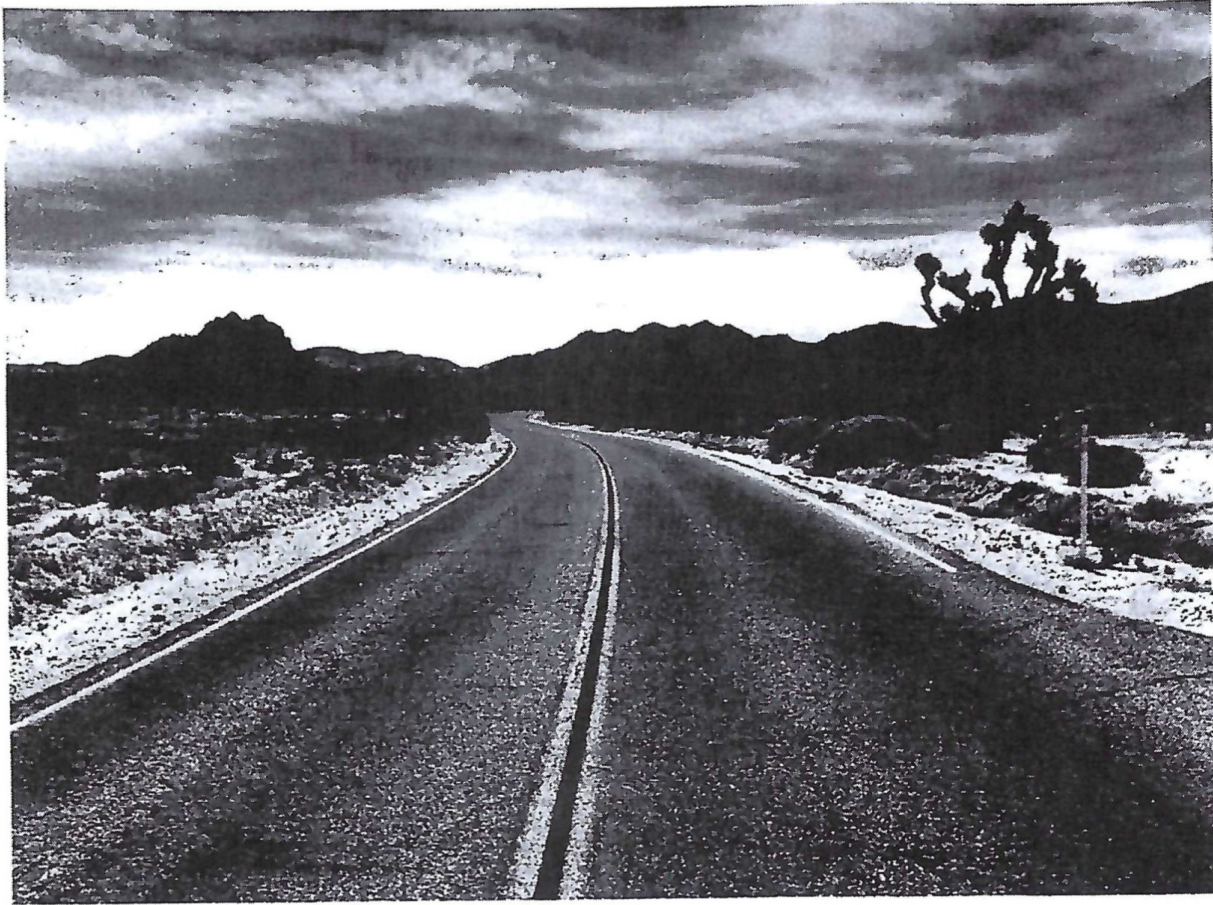
## **The Twelve Traditions of Alcoholics Anonymous**

### **(Short Form)**

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servant; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose--to carry it's message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.



# TRUDGING THE ROAD



*An open meeting of Alcoholics Anonymous  
Big Book Study  
Thursday Evenings @ 6:00pm*

*Al-Anon and Alateen meet concurrently*

*First Presbyterian Church of Puyallup  
412 W. Pioneer Ave  
Puyallup, WA  
Starting May 1st 2025*





# 3rd Annual Psychic Change Retreat

**A 12-Step Weekend for Men of A.A.**

**September 19-21, 2025**

**Guest Speaker ~ Sheldon F., Las Vegas NV**

**Registration \$170**

**Registration closes August 31, 2025**

**Salvation Army Camp Arnold**

33412 Webster Rd E, Eatonville, WA 98324

*\*Dorm style housing and meals included.*

***Bring a sleeping bag, pillow, toiletries, snacks, etc***



## **1. Register Online**

Click Here to Register: <https://forms.gle/yE7YvcTudUvxPJb16>

## **2. Pay via Venmo or Check**



@Alan-ONeill-3

Make Checks payable to:

Tony Winn

6427 195th Ave E

Bonney Lake, WA 98391

**Contact: [psychicchangeretreat@gmail.com](mailto:psychicchangeretreat@gmail.com)**



# Save the Date!

**PRAASA 2026**



**Hawaii Area 17**

**is hosting PRAASA  
(Pacific Region A.A. Service Assembly)  
on February 27, 28 & March 1, 2026  
in Honolulu, Hawaii!**

**Watch for more information...**



# Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada

July 3-6, 2025

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.

**ONLINE  
REGISTRATION  
IS NOW OPEN**

Register by **April 15** for special early-bird pricing!

Check the IC 2025 [webpage](#) for more information about online registration.

Taking place every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr. Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

**Let's celebrate sobriety together  
in Vancouver in 2025!**



# Members Page

This page is for AA members of District 29. Send in AA related quotes, cartoons, questions or short inspirational notes. If this page creates interest I'll keep it going. Ask a group member to submit something related to next month's Step 6 topic. Send it to this email by the 4th of every month [d29actionlog@pugetsoundaa.org](mailto:d29actionlog@pugetsoundaa.org). Please take a moment to enjoy these and share!

*We want to thank this Anonymous person for volunteering to write about this topic*

## Step 5

"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

This crucial step went a long way towards making me feel a part of the group. I had shared with another individual the parts of my story I thought set me apart. Made me feel ashamed and unworthy of being part of any group. What I found was that my story and adventures were not unique. God knows who I am and where I've been, I have difficulty being completely honest with myself, but when sharing one on one with another person who has been down a similar path, I am finally able to relieve myself of the demons that have haunted me for so long.

*Except for direct quotes, the rest is the writer's observations and opinions.*

Editor's note:

Thank you to Mary N for putting this article together.

## **CONCEPT 5 (Short Form)**

**Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard, and personal grievances receive careful consideration.**

In light of the principle of the "Right of Appeal," all minorities - whether in our staffs, committees, corporate boards, or among the Trustees - should be encouraged to file minority reports whenever they feel a majority to be in considerable error. And when a minority considers an issue to be such a grave one that a mistaken decision could seriously affect A.A. as a whole, it should then charge itself with the actual duty of presenting a minority report to the Conference.

In granting this traditional "Right of Appeal," we recognize that minorities frequently can be right; that even when they are partly or wholly in error, they still perform a most valuable service when, by asserting their "Right of Appeal," they compel a thorough-going debate on important issues. The well- heard minority, therefore, is our chief protection against an uninformed, misunderstood, hasty, or angry majority.

Bill W.

Adapted from "The Twelve Concepts for World Service."

Adopted by the 12<sup>th</sup> Annual General Service Conference of A.A. - April 26, 1962

NOTE: The Twelve Concepts for World Service, written by Bill W, can be found in The A.A. Service Manual.

## Step 5 :

- Admitted to God, to ourselves, and to another human being the exact nature of our wrong.

## Tradition 5 :

- Each group has but one primary purpose - to carry it's message to the alcoholic who still suffers.

## Concept 5:

- Throughout our structure, a traditional "Right of Appeal" ought prevail, so that minority opinion will be heard and that personal grievances receive carefully considered.

## Principle 5

- Integrity

**Be the reason somebody believes sobriety is possible.**